

Find P:

$$\begin{aligned}
 F &= \text{Weight of the piston} \\
 &= m \cdot g \\
 &= (8.00 \text{ kg}) \times (9.8 \text{ m/s}^2)
 \end{aligned}$$

$$F = 78.4 \text{ N}$$

$$A = 5.00 \text{ cm}^2 \cdot \left(\frac{1 \text{ m}}{100 \text{ cm}} \right)^2 = 5 \times 10^{-4} \text{ m}^2$$

$$P_{\text{mass}} = \frac{F}{A} = \frac{78.4 \text{ N}}{(5 \times 10^{-4} \text{ m}^2)}$$

$$P_{\text{mass}} = 156,800 \text{ N/m}^2$$

$$\begin{aligned}
 P_{\text{total}} &= 156,800 + 100,000 \text{ Pa} \\
 &= 256,800 \text{ Pa}
 \end{aligned}$$

Find V_1 and V_2

$$P = 256,800 \text{ Pa}$$

$$n = .200 \text{ moles}$$

$$R = 8.31 \text{ J/mol} \cdot \text{K}$$

$$T_1 = 20^\circ\text{C} = 293 \text{ K}$$

$$T_2 = 300^\circ\text{C} = 573 \text{ K}$$

$$P \cdot V = n \cdot R \cdot T$$

$$\begin{aligned}
 (256,800 \text{ Pa}) \cdot V_1 &= (.2 \text{ mol}) \times (8.31 \text{ J/mol} \cdot \text{K}) \times (293 \text{ K}) \\
 V_1 &= .0019 \text{ m}^3
 \end{aligned}$$

$$\begin{aligned}
 (256,800 \text{ Pa}) \cdot V_2 &= (.2 \text{ mol}) \times (8.31 \text{ J/mol} \cdot \text{K}) \times (573 \text{ K}) \\
 V_2 &= .0037 \text{ m}^3
 \end{aligned}$$

$$W = -P \cdot \Delta V = -P(V_2 - V_1)$$

$$= (256,800 \text{ Pa}) \times (.0037 \text{ m}^3 - .0019 \text{ m}^3)$$

$$W = -465 \text{ J}$$