

$$m = 5.00 \text{ g} = .005 \text{ kg}$$

$$v = 300 \text{ m/s}$$

$$c = 128 \text{ J/kg} \cdot ^\circ\text{C}$$

$\frac{1}{2}$ KE is transformed into Q

$$\frac{1}{2} \cdot KE = Q_{\text{gained}}$$

$$\frac{1}{2} \cdot \left(\frac{1}{2} \cdot m \cdot v^2 \right) = m \cdot c \cdot \Delta T$$

$$\frac{1}{2} \cdot \left(\frac{1}{2} \cdot .005 \text{ kg} \cdot (300 \text{ m/s})^2 \right) = (.005 \text{ kg}) \cdot (128 \text{ J/kg} \cdot ^\circ\text{C}) \cdot \Delta T$$

$$\Delta T = 176^\circ\text{C}$$